

## Memorandum

4 March 2020

**To:** All local board members

**Subject:** Wellbeing and injury prevention profiles – local board planning

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### Purpose

1. To introduce the “Wellbeing and injury prevention profile” for your local board, which provides information that could support the development of your 2020-2023 local board plan.

### Summary

2. A wellbeing and injury prevention profile is available for your local board.
3. The profile shows outcomes across a range of wellbeing and injury indicators for your local board area in comparison to the whole of Tāmaki Makaurau.
4. You may wish to consider these outcomes in the development of your 2020-2023 local board plan.
5. Evidence of poor wellbeing and high injury harm is prominent across South Auckland and local board areas that have significant lower socio-economic populations. Workshops have been scheduled with those local boards most impacted by these issues, to explore strategies that might address them.

### Context

6. In 2019 Auckland achieved Safe Communities accreditation. Safe Communities is an international network and approach recognised by the World Health Organization as a means of delivering evidence-based injury prevention strategies at a local level. As part of this process a network of key agencies and community organisations<sup>1</sup> called the Safety Collective (the collective) was established.
7. The collective has been working to share information and identify injury prevention priorities across Tāmaki Makaurau, with a particular emphasis on inequities in outcomes among Māori and Pasifika populations. Together with Auckland Council and the Auckland Regional Public Health Service<sup>2</sup> (ARPHS) it has developed wellbeing and injury prevention profiles for each local board area.
8. Local boards can positively influence the wellbeing and injury outcomes of their residents through the planning and support of relevant initiatives. These outcomes are guided by local,

<sup>1</sup> The Safety Collective is led by council and includes ACC, Age Concern, Aktive, Alcohol Healthwatch, Auckland Emergency Management, Auckland Regional Public Health Service, Auckland Transport, Community Action on Youth and Drugs, District Health Boards, Drowning Prevention Auckland, The Fono, Hāpai Te Hauora, Health Promotion Agency, Kāinga Ora, Ministry of Health, Office of Ethnic Affairs, Oranga Tamariki, Pasifika Injury Prevention Aukilana, Police, Safekids Aotearoa, and Worksafe

<sup>2</sup> Auckland Regional Public Health Service (ARPHS) is the public health unit for people living in the Counties Manukau, Waitemātā and Auckland District Health Board areas. ARPHS is responsible for preventing disease and improving the health of the people in our region.

regional and national strategies, policies and plans, many of which local boards will already be contributing to. Examples include environment and sustainability projects, playgrounds and open spaces; supporting healthy food environments or building social connection through community events, facilities and libraries. In addition, several local boards have work underway to minimise the harm from falls and alcohol and to improve transport safety.

9. This work is further supported by the fact that the Local Government (Community Well-being) Amendment Act 2019 included the reintroduction of the “four well-beings” (social, economic, environmental, and cultural well-being of communities) into the purpose of local government. This aligns well with the legislative requirement for the Auckland Plan 2050 to contribute to Auckland’s social, economic, environmental, and cultural well-being.

## Discussion

10. The greatest impact on health and wellbeing are the conditions in which we are born, grow, work, live, and age, and the wider systems shaping the conditions of daily life and how these shape our health and wellbeing behaviours. Considering this, the wellbeing indicators in the local board profiles have been developed from a whole of population approach. This means a range of census and other data available to ARPHS has been used to describe population wellbeing as it aligns to local boards’ control and advocacy. The indicators explore the lived environment of residents and the systems that shape the conditions of daily life.
11. Data showing the harm from injury caused by falls, alcohol and transport have been sourced from Accident Compensation Corporation, Auckland Transport, Ministry of Health, New Zealand Transport Agency, Massey University and census 2018 data. The data relates to the three themes that have recently been prioritised by the collective in order to address inequities in injury harm outcomes across Auckland, particularly among Māori and Pasifika.
12. Together, this data shows the different domains that impact people’s opportunities to reach their optimal health and wellbeing and highlights areas of significant harm from injury. For example, the profile shows the number of falls causing harm per local board, the cost this creates in terms of time away from work and therefore income opportunities lost. It also shows the preventative context of residents participating in physical activity plus the percentage of residents with easy walking access to a public park or opting to use public or active transport.
13. The indicators were selected to provide a description of our wellbeing and harm from injury and to explore areas where local boards, council departments and other organisations can have a collective impact. An integrated response, with partnerships across a wide range of sectors including central government, local government and community organisations, will make the difference, particularly when focussed on those most impacted by poor outcomes.

## Next steps

10. Profiles will be made available to local boards in March 2020. Following this, workshops have been scheduled with six local boards<sup>3</sup> most impacted by the issues, to explore strategies available for their 2020-2023 Local Board Plans. The data on poor wellbeing and high injury harm suggests the priority focus needs to be on local boards with higher percentages of populations in lower socio-economic deciles. Other boards may wish to request workshops/advice as they develop their local board plan and/or future work programmes.

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<sup>3</sup> Henderson-Massey, Māngere-Ōtāhuhu, Manurewa, Maungakiekie-Tāmaki, Ōtara-Papatoetoe, Papakura